

## **WAVERLEY BOROUGH COUNCIL**

### **COMMUNITY WELLBEING O&S COMMITTEE**

**17 SEPTEMBER 2019**

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**Title:**

**Health and Wellbeing Action Plan**

**[Portfolio Holder: Cllr David Beaman]  
[Wards Affected: ALL]**

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**Summary and purpose:**

The purpose of this report is to update the O&S committee on the progress and amendments to the Health and Wellbeing Action Plan. The Committee is invited to consider that each Priority Theme within the Action Plan is looked at separately over the course of a year.

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**How this report relates to the Council's Corporate Priorities:**

The delivery of the Health and Wellbeing Strategy and Action Plan is in itself a corporate priorities that commits us to care, respect and ensure the wellbeing of all PEOPLE that live or visit our borough.

**Equality and Diversity Implications:**

The Health and Wellbeing Strategy and Action plan aim to protect and support those that are most vulnerable in the community and offer them opportunities to be active and healthy.

**Financial Implications:**

There are no direct financial implications from this report. Actions set out in the action plan are undertaken from previously approved budgets. Any additional budget requirements will be requested and reviewed on an individual basis.

Improved health and wellbeing of the community and the workforce has potential future savings for Waverley Borough Council and other public bodies through the preventative work carried out. (Rosie Plaistow)

**Legal Implications:**

There are no direct legal implications to this report. Waverley must ensure that it works within the legislative framework for areas such as Housing Options and Safeguarding and follow relevant Government guidance. (Sophie Thorp)

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**Background**

1. Waverley's Health and Wellbeing Strategy and Action Plan 2016-2021 was adopted in 2016 and sets out the challenges facing Waverley, our priorities and our vision for health and wellbeing. The document is our public statement of our intentions, setting out what

we aim to do and what we are already doing to positively influence the wellbeing of our residents and support them to live full, active and healthy lives.

2. Much of the work we do in Waverley is already contributing, either directly or indirectly, to health and wellbeing locally. The Health and Wellbeing Strategy is an opportunity to acknowledge the contribution our work is already making in this area and to demonstrate how we will continue to positively influence health and wellbeing in Waverley.

## **Health and Wellbeing Action Plan**

3. The Health and Wellbeing Action Plan is Waverley's overarching documents that incorporates all activities that relate to the Health and Wellbeing of our residents carried out by a number of departments across Waverley, not limited to Leisure and Community services. The actions are focused on prevention and how we work with partners and voluntary organisations to offer support, advice and services that will ensure Waverley residents live full, active and healthy lives.
4. More recently, the Ageing Well Strategy and Action Plan 2015 - 20 and the recommendations of the Health Inequalities work that was completed in 2017, have been incorporated into the Health and Wellbeing Action Plan making it a more comprehensive and overarching document capturing all areas of work relation to health and wellbeing in one action plan.
5. There are five Priority Themes, as outlined below:

### Priority Theme 1: Develop a preventative approach

- Encourage healthy lifestyles
- Ensure healthy homes and living conditions
- Support residents to access information and services

### Priority Theme 2: Promote emotional wellbeing and mental health

- Raise awareness and tackle stigma and discrimination
- Reduce social isolation

### Priority Theme 3: Improve older adults' health and wellbeing

- Support the implementation of Waverley's Strategy for Ageing Well

### Priority Theme 4: Improve the health and wellbeing of children and young people

- Ensure families are supported to be happy and healthy
- Support and enable young people to access jobs and training
- Support opportunities for children and young people to participate in physical activity, sports and play

### Priority Theme 5: Safeguard the population

- Support the implementation of the Safer Waverley Partnership Plan
- Keep safeguarding policy and training relevant and up-to-date

6. The Action Plan is a continually evolving document and most of the actions within it are ongoing. The success of each one is measured individually. A copy of the Action Plan is attached to this report as Annexe 1. Please refer to it for details on progress.

## **Conclusion**

7. The health and wellbeing of our residents can be affected by many factors and poor health has implications across multiple services. In order to ensure that residents have access to the support, advice and services they need to live full, active and healthy lives, we must consider health and wellbeing across all areas of work.
8. The Health and Wellbeing Strategy and Action Plan is now the single overarching document that encompasses all of the Council services that contribute to maintaining the health and wellbeing of our residents. The Action Plan highlights the importance of working with our partners and voluntary organisations in order to successfully deliver the actions within it. An Action Plan progress update is produced annually.
9. As the document is so comprehensive, the Committee may wish to consider looking at each priority theme separately throughout the course of the year. This way there will be more opportunity and time to focus on some of the detail. The following two Priority themes will be presented over the next few months.
- Priority Theme 3: Improving older adults' health and wellbeing is the main work stream of The Ageing Well Action plan, (see O&S report 17.09.19, Ageing Well Report and Action Plan Update) which is in the process of being revised and updated over the coming few months.
  - Priority Theme 5: Safeguarding the population, which incorporates the work of the Safer Waverley Partnership and the Council's Corporate Safeguarding responsibilities are items included in the Community Wellbeing O&S Forward Plan for the meeting in November 2019.

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## **Recommendation**

It is recommended that the Overview and Scrutiny Committee:

1. Notes the updates within the Health and Wellbeing Action Plan and
2. Considers the order in which the Priority Themes are examined over the course of the year

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## **Background Papers**

Health and Wellbeing Strategy 2016-2021

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